



All talks held at
Pangbourne House, W10
20:00 to 21:00
£20 per talk

Come to one or to all (discount
offered on multiple bookings)
For more information or to
book a place email

carefulparenting@icloud.com

Series of Parenting Talks

October 30 - Foundations of Successful Parenting

The ten principles that drive effective parenting and foster healthy and happier families.

December 11 - Foundations for Learning

How parents can encourage the development of attention, language and self-regulation to set the stage for success at school and home.

January 22 - Foundations of Socio-Emotional Development

Parenting practices that help children understand themselves and others to help them develop resilience.

March 5 Raising Self-Motivated Children

Ways in which parents can foster a family culture that promotes the development of children who want to persevere and excel in their daily lives.

May 7 - Establishing a sensible approach to digital device use

What to know and think about before you hand over a digital device to your child.



Nancy Albanese has been teaching parenting skills for more than 15 years. She has helped hundreds of parents work more effectively with their children. Please visit the website for more details.

www.nancyalbanese.com